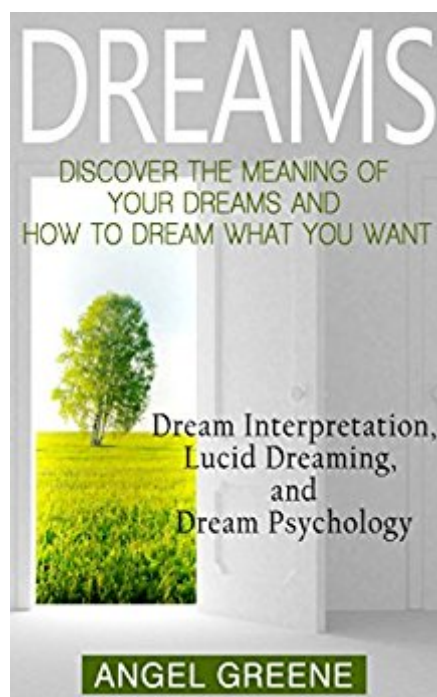


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# Dreams: Discover The Meaning Of Your Dreams And How To Dream What You Want - Dream Interpretation, Lucid Dreaming, And Dream Psychology (+BONUS) (Dream Analysis, Dream Meanings, Lucid Dream)



## Synopsis

BONUS INCLUDED - Explore the Wonderful and Mysterious World of Dreams! 4th Edition, Updated and Expanded on January 28th, 2016 Read this book for FREE on Kindle Unlimited - Download Now! Are you curious about your dreams? Would you like to know what they mean? Do you want to know how you can enjoy the fascinating experience of lucid dreaming? If so, then *Dreams: Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology* is the book for you! You'll learn what dreams are, and how they help you practice your responses, "defragment" your mind, and become wise. Dreams are your own personal psychotherapist! *Dreams: Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology* is available for Download Now. You'll discover the meanings of common dreams, such as: Falling Dreams, Nude Dreams, Floating Dreams, Dreams of Danger, Chasing Dreams, Exam Dreams. *Dreams: Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology* explains how to analyze your dreams. By maintaining a record of your dreams and identifying your emotions and other elements, you become an expert on your own mind! You'll even discover these powerful Techniques for Lucid Dreaming: WBTB, MILD, Autosuggestion. Download *Dreams: Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology* Now for Instant Reading by Scrolling Up and Clicking the "Buy" Button. Turn every night into an exciting adventure full of new insights!

## Book Information

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## Customer Reviews

My interest in dream interpretation started back when I had a dream that I was flying above an old wooden bridge. I felt very light and calm when I was flying and after I woke up, I told my fiancée about it and she said I should find myself a book about dreams. I have 2 books about dream interpretation but this book stood out. There are guides in the book that I find very helpful in keeping track of my dreams. This book gave a more rational interpretation of my dreams and for that I easily understood the meaning behind it. There's more on dreams that mere collection of experiences; it reflects the person's inner thoughts or sub-conscious that most of us don't even have a clue about.

I have always been intrigued by dreams and remember reading about Freud's theories, so I found this book very fascinating. I really enjoyed the part that talked about lucid dreaming. It made me think of the movie, Inception, which was mind-boggling. There's a lot of really interesting information in this book that tries to get to the bottom of exactly why it is that we dream. Very good read.

I'm the kind of person that wakes up every morning with the craziest dreams and wonder myself what that meant. This book explains in a very good manner, what are dreams and why we dream, with such great explanations, facts and theories. I found it quite interesting that dreaming is defragmentation and dreams are our own personal psychotherapist. The second chapter covers the dream interpretation and their hidden meaning. The interpreted examples are the most common ones, that everyone once in a while had. Those are dreams of falling, being nude, floating, flying, chasing, even dreams of death or nightmares. My favorite part is the lucid dreaming when I'm actually aware of what I'm dreaming. It is covered in chapter 4. Great techniques that have been approved by psychologists. This book about dreams meaning is good, to expand one's understanding of dreams and allow alternative meanings.

Interesting read. Pretty simple but it explains everything you need to know to interpret your dreams very well and it also provides you with a guide on how to train or set your mind to dream about things you would like to. I bought this book from a promotion and it proved to be very helpful. Since our dreams are always connected to our real experiences, by knowing their meaning you can actually find what aspect or situation of your real life is causing you to have these dreams and what do they mean, and maybe find an answer to it. It's just information that's always good to know about, and this book provides it on a detailed and easy way.

A book that focuses on the dreams analyzed in detail. What really it happens inside us and the reactions it has in our subconscious. This book is written in a simple way, with many examples that can get to facilitate understanding. Dreams studied the most scientific way that can be are often expressions of our fears, our concerns and this guide explains in detail all possible cases of strange dreams and their meanings. A guide that is worth reading.

My dreams are a very important part of my life. I have very vivid dreams but I could never understand my dreams. This book "Discover the Meaning of Your Dreams and How to Dream What You Want - Dream Interpretation, Lucid Dreaming, and Dream Psychology (Dream Analysis, ... How to Dream, New Age Dreams, Dreams Guide)". This book has really opened my eyes to my dreams about the meaning if them. I understand a lot more of what is going on in my life and in my mind. It guides you and gives you easy steps to controlling and understanding your dreams. This book is very easy to read and very easy to follow. I have learned that understanding your dreams can bring a new meaning to your life. Keeping a dream journal has been the most important thing I have learned in this book. It has actually helped me start remembering more of my dreams also. I love this book.

I have learned from this book that I am the best instrument in interpreting my own dreams. With a deeper investigation of my past circumstances, I will be able to unlock repressed emotions that have been imprinted in my own subconscious mind. These emotions are the ones that need my utmost attention in the present moment. Hence, they are consequently reflected in my own dreams. I have also learned relevant interpretation of common dreams. There is a lot of examples regarding these interpretations found in this book. I find the discussion of lucid dreaming from this book very interesting. Here, the author has presented certain techniques that can help anybody attain lucid dreaming. My intention in interpreting my own dreams is anchored on my pursuit of emotional

awareness. And I believe that this book can help me a lot.

Everybody has the same dreams. The dream that you don't remember anything about it when you wake up. And of course we have had the dream many times that we remember but it doesn't make sense. Ms. Greene explains the many types of dreams and the accepted meaning of them. She takes you thru the symbolism of the different parts of the dreams. She also teaches you how to have a lucid dream. That means you will remember the dream and be able to make sense of it. Each chapter and subchapter is explained in detail in language you can understand. I've read several of Ms. Greene's books and she always teaches you something. All of her books have any easy flow to them that makes it enjoyable. I received this product in exchange for my honest review

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